

## Things you can do to help your child be “ready to learn”

- Read with your child. Reading together is one of the best ways to encourage a love of reading and give your child the skills to be a confident reader. Your public library is a great resource for books and scheduled story times.
- Play simple games. Games such as “Simon Says” helps your child learn to follow simple directions.
- Give your child the opportunity to make choices. Allowing your child to pick out his own clothes or select the vegetable for the family dinner encourages the development of decision-making skills.
- Allow your child enough time to start and complete a project. Making sure that your child has enough time to complete an activity, such as a block building, improves focus and increases confidence.
- Use math in daily activities and routines. Helping to sort and match socks in the laundry, counting out carrot sticks at snack time, and naming shapes of objects in the room are a few simple ways to introduce math concepts.

\*Adopted from Oregon Kindergarten Assessment Website.

### Resources and Tools for Parents:

<http://oregonearlylearning.com/childergarten%20assessment/>  
This is the Kindergarten Assessment Website.

[http://www.readingrockets.org/content/pdfs/tips/RR\\_tips\\_preschool.pdf](http://www.readingrockets.org/content/pdfs/tips/RR_tips_preschool.pdf) (English) This tip sheet offers fun ways for parents to encourage reading at home

[http://www.readingrockets.org/content/pdfs/tips/Spanish-CC\\_tips\\_preschool.pdf](http://www.readingrockets.org/content/pdfs/tips/Spanish-CC_tips_preschool.pdf) (Spanish) This tip sheet offers fun ways for parents to encourage reading at home.

<http://www.pbs.org/parents/education/math/activities/preschool-kindergarten/> This website offers fun math activities for at home and on-the-go.

<http://csefel.vanderbilt.edu/resources/family.html> This website offers ways to encourage social /emotional development.

<http://www.ccrils.org/> The is the Public Library link.

[www.wesd.org](http://www.wesd.org) This is the Willamette Education Service District website.

### The Importance of Play.

Play is how children learn about themselves, other people, and the world around them. Through play, children also learn how to solve problems and develop confidence.

## Kindergarten Assessment

Starting in the fall of 2013, all children entering kindergarten in Oregon will take the **Kindergarten Assessment** at the beginning of the school year. This assessment will provide kindergarten teachers with information about the skills each student has as they enter school. The assessment looks at a student’s abilities in early literacy, early math and social-emotional behavior. It also helps teachers assess how children approach learning and how well they regulate their own behavior. **Children enter kindergarten at different skill levels and this is expected.** Kindergarten teachers will start where each child is performing and build new learning from there. This brochure includes information that parents, pre-schools and daycares and others can use to give children a strong early start.

### Everyday experiences shape early learning.

#### Social-Emotional Development\*

Help your child learn to resolve conflict in a healthy, appropriate way.

- Model positive social and sharing behavior in your everyday interactions with children and adults.
- Provide lots of guidance and initiate sharing and turn-taking games.
- Understand that young children are less willing to be compliant when they are tired or not feeling well.
- Use distraction or redirection to calm or avoid disputes.

Provide opportunities for your child to interact and develop relationships with peers.

- Playing with other children teaches how to share, take turns, resolve conflict, and be a friend.

Teach your child how to express their feelings in an age-appropriate way.

- It is important children learn to form positive, healthy relationships with others. Learning to show their feelings appropriately and to recognize the feelings of others is important.

Help your child learn to be a problem-solver.

- When a problem arises, ask your child if they know what may be causing the problem.
- Offer the child what you observed about the problem.
- Ask your child if they have an idea about a good way to solve the problem.
- Ask your child if they want a suggestion from you about a solution.

\*Modified from the Center on Social and Emotional Foundations for Early Learning (CSEFEL).

*Willamette*  
EDUCATION SERVICE DISTRICT

## Kindergarten Assessment

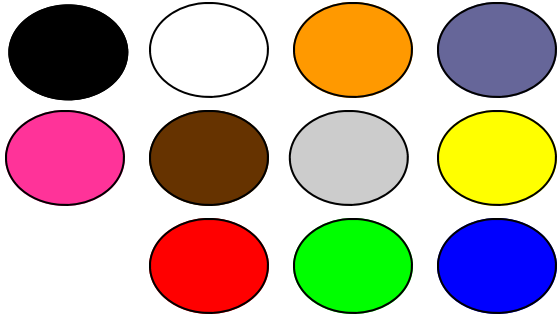
## Marion, Polk and Yamhill Counties



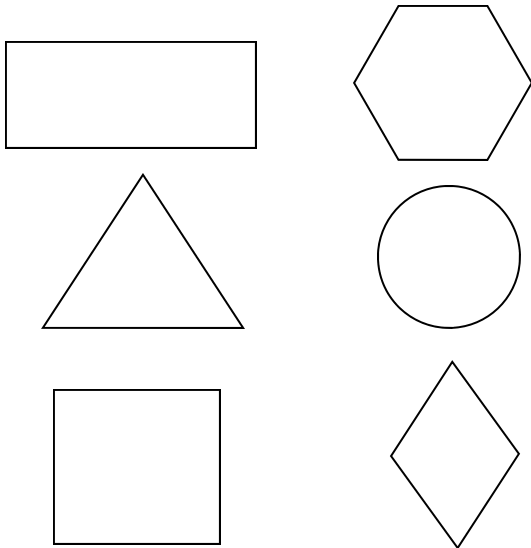
## Preparing your Child for Kindergarten

### Sample of Kindergarten Questions

1. Are you a boy or girl? What is your age?
2. Draw a picture of you, your mom or your dad.
3. Write out your name.
4. Tell me what color these are when I point to them.



5. Tell me the name of these different shapes when I point to them.



6. Tell me the names of the following capitalized letters as I point to them.

N V M B C X L K J  
H G F D A Q W E R  
T Y U I O P S Z

7. Count as high as you can in order starting with one.
8. Tell me the names of the following lowercase letters as I point to them.

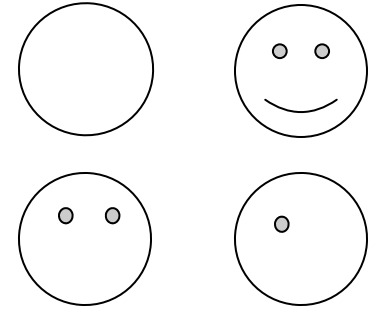
z s p o a l u k j  
h g f d y l x t  
r c b e m w q v n

9. Tell me the names of the following numbers as I point to them.

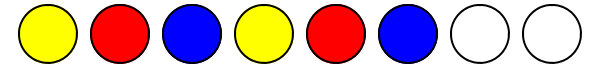
6 8 2 7 1  
0 9 4 3 5

10. Place 5 objects in a pile and have your child count out 1, replace the object, have them count out 2, replace the objects, have them count out three. Repeat until all 5 are done.

11. Ask your child to identify the correct order of these pictures.



12. What colors come next in the sequence?



13. Have your child cut along a wavy line with scissors.
14. Ask your child to glue a piece of paper on an object.
15. Ask your child to skip, hop, and jump.

#### Other Essential Skill Areas:

- Be able to use the bathroom independently.
- Put on cold weather clothing independently.
- Open and close backpack independently.
- Follow instructions when given to a group.
- Completes simple activities.
- Tries new things.
- Raise hand, not interrupting when wanting to speak.
- Takes turns, shares and cooperates with peers.

#### Questions:

Please contact your local school district office or the Willamette ESD (503)385-4714.